

GATEHOUSE

TRANSITIONAL LIVING

GateHouse Transitional Living Residential Handbook Overview

Guidelines:

The following items are strictly forbidden and may be grounds for immediate eviction or behavioral contract:

1. The use and/or possession of any illicit drugs, controlled substances, and/or alcoholic beverages
2. Weapons of any kind
3. Illegal activity, including theft
4. Violence or threats of violence
5. Smoking or vaping in the house or in non-designated areas
6. Tampering or defacing the property
7. Gambling

Orientation:

1. All new residents will undergo an orientation phase lasting up to two weeks. During the orientation residents have the opportunity to familiarize themselves with the geographical area, and 12 step meetings.
2. All residents are required to obtain suitable employment within two weeks from their move in date.
3. Residents on orientation may only attend 12 step meetings when accompanied by a senior resident.
4. Curfew for residents on orientation is 5:00pm.

Therapeutics & Support:

1. Each resident must be assessed for drug and alcohol outpatient treatment, and treatment recommendations must be followed/completed. Continued residency at Gate House Transitional Living is contingent upon the successful completion of therapeutic services.
2. Each resident is required to attend a 12-step meeting daily for the first 90 days upon admission. After completion of 90-in-90 residents must attend no less than four 12-Step/Recovery meetings per week. Residents attending Intensive

Outpatient or Partial Hospitalization Program will have a flexible meeting attendance requirement.

3. Residents are expected to obtain a 12-Step sponsor and Home Group within 30 days of residency.
4. Residents are expected to have the meeting verification form signed by the chairperson at each meeting. Completed verification forms are turned into the House Manager during house meeting. Lost, washed, forgotten, stolen, shredded or missing forms can result in starting the 90-in-90 from the beginning.
5. House Meetings are held every week unless otherwise noted. All residents must attend. Each resident will need to submit their weekly work schedule and weekly meeting verification form during the house meeting.

House Rules:

1. Curfew is 11:00pm Sunday-Thursday and 12:00am Friday-Saturday. Orientation Phase- 5:00pm.
2. Residents are eligible for one weekend pass or two overnight passes after their initial 30 days of residency, contingent upon approval.
3. Residents are eligible for two weekend passes, or four overnight passes following 90 days of residency, contingent upon approval.
4. Weekly rent is due on Sunday evenings, failure to pay rent on time may lead to eviction.
5. New prescriptions or purchase of over the counter medication will need to be approved by the GTL Coordinator.
6. Each resident is required to complete their assigned chore on a daily basis.
7. Bedrooms are required to be kept neat and orderly at all times.
8. Visitors are not permitted on the premises.
9. Each resident is responsible to purchase (or utilize food provided) and cook their own meals. Following each meal, the resident is required to clean behind themselves.