

# THE GATEHOUSE

RESTORING THE HUMAN SPIRIT THROUGH RECOVERY

## *Differentiation Statement for Residential Extended Care at The GateHouse*

The GateHouse provides Residential Extended Care programs at three separate state-licensed and CARF-accredited home-like facilities, The GateHouse Marietta for women, The GateHouse Mountville and The GateHouse Lititz for men. These Residential Extended Care programs are located in the charming suburbs of Lancaster County, which is rated one of the top places to live in the United States (businessinsider.com), and also has a huge recovery community.

Our Residential Extended Care program offers unique services to clients who are seeking additional treatment options that will support a lifestyle of long-term recovery. Each facility offers therapeutic services consisting of evidenced-based groups, person centered treatment planning, individual counseling, family counseling, aftercare planning, and a family education program. The GateHouse supports the importance of family involvement, which is vital for client success in early recovery. Throughout the client's experience at our Residential Extended Care programs, they are encouraged to socialize with their family by taking passes lasting from 12 or 23, hours based on progress in the program. Clients returning from extended passes are given an opportunity to address familial concerns, preparing them for long-term success.

The GateHouse Residential Extended Care programs also provides case management services, which focus on the basic needs of our clients. The case management staff supports our clients by connecting them with community resources such as clothing, education, and medical, psychiatric, and occupational services.

The GateHouse supports the proven method of recovery related to the 12-step philosophy (asam.org) and empowers clients to obtain support and sponsorship by attending recovery meetings daily. Clients are encouraged to seek and obtain employment while receiving treatment simultaneously. This method of treatment prepares clients for sustainability in recovery by learning how to balance work, personal recovery, treatment, and household responsibilities.

Overall, The GateHouse Residential Extended Care programs offer various treatment methods that focus on providing clients with the necessary skills that are needed to promote sustainability in recovery. As stated in our mission, The GateHouse exists to transform and encourage a life of recovery by providing community-centered accredited services.