

THE GATEHOUSE

RESTORING THE HUMAN SPIRIT THROUGH RECOVERY

MEDICATION ASSISTED TREATMENT (MAT) SERVICES



Medication Assisted Treatment, or MAT, is one type of opioid addiction treatment available to men and women in recovery. Along with the more traditional 12-step program, MAT also uses medication to treat the disease.

MAT critics worry that treating substance abuse with medication can shift a person's addiction from one drug to another. At The GateHouse, we view MAT as one more tool in the recovery toolbox—rather than a standalone treatment.

When a client is interested in exploring MAT, we provide them with the education they need to make an informed decision about their recovery treatment options. We can also refer them to a MAT provider who will prescribe the right medication and monitor their treatment.

If a client chooses MAT, our outpatient team will pair it with a 12-step approach to fully support them throughout recovery. We're encouraged by the positive results MAT has shown for so many of our clients. Whichever type of treatment program a client chooses, we're here to provide them with the tools that best support them in life-long recovery.