

THE GATEHOUSE

RESTORING THE HUMAN SPIRIT THROUGH RECOVERY



OUTPATIENT TREATMENT AND ASSESSMENT

OUR SERVICES

The GateHouse offers comprehensive substance abuse recovery services, including intensive, therapeutic outpatient services within a 12-step program to support clients throughout life-long recovery. Our outpatient services include Partial Hospitalization Treatment, Intensive Outpatient Treatment, General Outpatient Treatment, and access to education and provider referrals for Medication Assisted Treatment.

About The GateHouse

As an established nonprofit organization, The GateHouse aims to restore the human spirit of each one of its clients through comprehensive recovery services.

Our Mission

The GateHouse exists to transform and encourage a life of recovery by providing community-centered accredited services.

Our Vision

Ultimately, our vision is to help create a community where everyone who is affected by addiction is seeking recovery.

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OUTPATIENT SERVICES FOR LANCASTER COUNTY



Partial Hospitalization Treatment. Clients who need the most support in recovery transition from one of our treatment centers to Partial Hospitalization Treatment. Here, we help clients secure short-term housing, learn additional life skills, and provide them with relapse prevention support. They're with us four days a week and receive at least 22 hours of intensive therapy per week.



Intensive Outpatient Treatment. Clients receive Intensive Outpatient Treatment when they still need a strong support system in recovery but are living independently and employed. This level of outpatient care pairs clients with similar needs into groups led by our team during three 3 sessions a week followed by one individual weekly session with a counselor. Intensive Outpatient Treatment includes at least 10 hours of intensive therapy per week.



General Outpatient Treatment. Clients who have transitioned back into a healthy community, are employed, and can care for themselves can access Generalized Outpatient Treatment for periodic support after treatment. The primary focus of this treatment is relapse prevention. Group sessions and meetings occur at the frequency the client needs and are completely tailored to their individual needs.



Medication Assisted Treatment. Known as MAT, medication assisted treatment is a separate treatment that can be incorporated into our 12-step program. Our outpatient specialists provide MAT education to those clients interested in learning about this treatment. They can also refer clients to providers who oversee and monitor MAT as a recovery tool. We'll support a client's MAT treatment if they determine it's right for them and will pair it with the tools we're providing to support them in recovery.