

THE GATEHOUSE

RESTORING THE HUMAN SPIRIT THROUGH RECOVERY

PARTIAL HOSPITALIZATION TREATMENT SERVICES



Partial Hospitalization Treatment is designed for clients who have completed either inpatient or residential treatment and need intensive support as they transition back into the community. Most need support setting up short-term housing and finding employment as they prepare to live independently.

Treatment includes at least 22 hours of intensive therapy each week. Clients take part in four 5-hour group sessions per week as well as additional private sessions with counselors to address their individual needs.

During treatment, we work with clients to develop life skills like how to eat healthy on a budget or how to find and maintain employment.

We focus largely on relapse prevention. Therapy is highly individualized and designed to give clients the skills and tools they need to work towards independence and live a healthy life in recovery.